

April / May / June 2023

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YOU ARE INVITED TO ATTEND ANY OF THE FOLLOWING **ECKANKAR** ACTIVITIES IN ALABAMA. For more information about a particular event, you may write one of the Eckankar Satsangs shown on the outside cover page.

ECK Light and Sound Services

The ECK Light and Sound Service is made up of three spiritual parts. It begins with a short, uplifting reading from the works of Eckankar. The group next sings HU, a love song to God, and shares in an open discussion of some aspect of the ECK teachings. *Join us for fellowship and food after the service.

Huntsville

Huntsville Eckankar Center 900 Wellman Avenue, NE #3 Also available online via Zoom (see p. 2 for link info)

Date: April 2 Time: 11:00 AM

The Creative Power of Soul*

"Life is a mystery until we come to the path of ECK. We begin to understand that we can be the creators of our own world and that, in truth, what we are today is a creation of that which we have made from the past. There is a way to change the future, and we can do it. But you don't do it by wishing."

—Harold Klemp, How to Find God,Mahanta Transcripts, Book 2, p. 31

Date: May 7 Time: 11:00 AM

Divine Guidance*

"As you go on with your day, there will be a particular encounter or event that catches your full attention. Through this, the Mahanta is speaking to you on the Soul level.

What do you hear?"

—Harold Klemp, *Spiritual Exercises for the Shariyat, Book Two*, p. 51

Date: June 4 Time: 11:00 AM

The Power of Gratitude*

"There are so many miracles that happen in our lives. Those of you who are in ECK just recognize the help of the Master and say, 'Thank you' with a most grateful heart. You realize it's a blessing done for some purpose.

It's to help you on your way."

—Harold Klemp, *Spiritual Lessons from Living*, Mahanta Transcripts, Book 18, p. 19

Eckankar Introductory Discussion and **Book Room**

Huntsville ECKANKAR Center

Open House: 1:00 PM to 3:00 PM

Introductory Discussion: 1:30 PM to 2:30 PM

Tea and Talk: 2:30 PM to 3:00 PM

First Saturdays—April 1, May 6, June 3

Introductory Discussions

Huntsville Eckankar Center 900 Wellman Avenue, NE #3 1st Saturdays at 1:30

ECK Wisdom on Solving ProblemsApril 1ECK Wisdom on Inner GuidanceMay 6The Loving HeartJune 3

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ECK Introductory Discussions

South Huntsville Public Library 7901-L Bailey Cove Road Huntsville, AL 35802

Finding Your Life's Purpose

Date: Saturday, April 22 Time: 10:30 AM

Divine Guidance

Date: Saturday, June 24 Time: 10:30 AM

ECKANKAR Books on Free eReaders

You can get many Eckankar books in electronic format for your Kindle or Nook. If you don't have the Kindle or Nook, the books look great on your computer or smart phone. Download one of the free apps – Amazon Kindle or Barnes and Noble Nook.

Over 50 titles are available.

A new series of eBooks is available for 99 cents each and the eReader is free:

- ECKANKAR—Kev to Past Lives
- ECKANKAR—Key to Dreams
- ECKANKAR—Key to Soul Travel

To get the books from Amazon, go to amazon.com. Find the book, for instance ECKANKAR—Key to Past Lives. Download the Amazon Kindle eReader to your computer or smartphone. Purchase the book. Similarly for Barnes and Noble, go to barnesandnoble.com. Search for ECKANKAR—Key to Past Lives. Download the Nook eReader. Purchase the book for 99 cents. You only download the eReader once. It will read any of the eBooks.

Alabama ECK Meetup Groups

You may visit any of our Meetup groups for Eckankar in Alabama to obtain the Zoom links for online public events. The web addresses for the three groups are shown below:

meetup.com/Auburn-Opelika-Spiritual-Experiences-Group meetup.com/Birmingham-Spiritual-Experiences-Group meetup.com/Huntsville-Spiritual-Experiences-Group



ECK Soul Adventure Discussions

Homewood Public Library
Birmingham Area

Note: You do not have to have the book to participate in the discussion of the topic.

Spiritual Stress Relief (see eBooklet article on next page)

Date: Sunday, April 16 Time: 2:30 PM

ECKANKAR—Key to Past Lives
By Harold Klemp
(see eBook article at left)

Date: Sunday, May 21 Time: 2:30 PM

ECKANKAR—Key to Dreams
By Harold Klemp
(see eBook article at left)

Date: Sunday, June 18 Time: 2:30 PM

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ECK Soul Adventure eBooklet Series

Looking for a burst of spiritual sunshine? For secrets of surviving and thriving in these times? Why not explore the ECK Soul Adventure eBooklet series on the Eckankar website (www.eckankar.org /ebooklets/)? Or, go to Eckankar.org and choose Engage and then eBooklets. The eBooklets are free to download.

Each dynamic eBooklet in this series offers a quick tour of a key facet of spiritual living. Explore amazing stories, insights, questions-and-answers, and an inspiring spiritual exercise you can try today.

Here are the soul adventure topics among the ECK Soul Adventure eBooklet series waiting for you to explore:

- Karma and Reincarnation
- Divine Guidance
- Secrets of Divine Creativity
- HU—Your Key to Spiritual Living
- Finding Your Life's Purpose
- The Power of Gratitude
- Spiritual Stress Relief

Email and Mail Communications

If you are not receiving email communications from us and would like to receive event notices you may opt in to receive event notices at one of our Meetup groups (see page 2) or send an email request to info@eck-alabama.org. You can also choose to receive the *Lightline* newsletter as email only to save printing costs, or receive paper and email. Donations to support the newsletter are always happily accepted!

You may also download current and previous issues of the *Lightline* newsletter from our web site at www.eck-alabama.org.



The Sound of Soul Events

HU is a sacred sound and ancient mantra. It is an ancient name for God that has been sung for thousands of years in many lands for spiritual unfoldment.

HU can uplift people of any religion, culture, or walk of life.

You're invited to experience chanting HU, contemplative time, and spiritual conversation with others of like heart.

Experience some of the many benefits of HU:

- Inner peace and calm
- Divine love
- Expanded awareness
- Spiritual self-discovery and growth
- Healing of the heart

Auburn-Opelika, Birmingham, Huntsville

Location: Online Zoom event—see information about

getting the Zoom link from one of our Meetup sites (page 2, left column).

Dates: 2nd Sundays: May 14, June 11

Time: 1:30 PM

ECK Clergy Services

ECK members and the public are welcome to contact a qualified ECK cleric about the following services:

The Four ECK Celebrations of Life. These are the ECK Consecration Ceremony (for young children), the ECK Rite of Passage (for boys and girls of about age thirteen), the ECK Wedding Ceremony, and the ECK Memorial Service.

ESA Sessions. An ECK Spiritual Aide session, though not counseling, can help you find your own answers in challenging situations through the personal guidance of Divine Spirit. The ESA session is conducted by an ECK Spiritual Aide, a specially appointed and trained ECK cleric.

There are no fees for the above services, but ECK clerics accept donations to Eckankar. For more information, please contact Eilert Bolstad at 256-585-4459. He will coordinate with the nearest available ECK cleric qualified to provide the requested services.

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For more information about ECKANKAR activities:

In Birmingham: Birmingham ECKANKAR Satsang

Phone: 256-479-6409

In Huntsville: Huntsville ECKANKAR Satsang

P.O. Box 4792 Huntsville, AL 35815 Phone: 256-534-1751

1 Hone. 250-554-1/5

Lightline

Serving the state of Alabama.

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