



YOU ARE INVITED TO ATTEND ANY OF THE FOLLOWING **ECKANKAR** ACTIVITIES IN ALABAMA. For more information about a particular event, you may write one of the Eckankar Satsangs shown on the outside cover page.

ECK Light and Sound Services

Huntsville Eckankar Center Open

The ECK Light and Sound Service is made up of three spiritual parts. It begins with a short, uplifting reading from the works of Eckankar. The group next sings HU, a love song to God, and shares in an open discussion of some aspect of the ECK teachings. *Join us for fellowship and food after the service.

Welcome back!

Please take the following precautions to protect yourself and others:

Huntsville

Huntsville Eckankar Center
900 Wellman Avenue, NE #3

Also available online via Zoom (see p. 3 for link info)

- Wear a mask if you have immune problems of any kind, or if you feel more comfortable in a group while wearing a mask.
- Please do not attend in person if you have been exposed to any type of sickness in the past ten days. (Use the Zoom option online or by phone.)
- Please do not attend in person if you are sick. (Use the Zoom option online or by phone.)

Date: February 5

Time: 11:00 AM

*Love—the Keystone of Life**

“Most people think they are searching for truth when they are really searching for love.”

—Harold Klemp, *Love—the Keystone of Life*, p. 151

“It’s a very humble love; it’s a true love. Don’t look too high, because you won’t find it. The love of God is often very low where no one will look for it. And this is why so few people find it.”

—Harold Klemp, *Love—the Keystone of Life*, p. 27



Date: March 5

Time: 11:00 AM

*Seeing from the Viewpoint of Soul**

“When one has the viewpoint of Soul, it’s like seeing a situation with an expanded, huge state of awareness.”

—Harold Klemp, *Spiritual Lessons from Living*, Mahanta Transcripts, Book 18, p. 33

Eckankar Introductory Discussion and Book Room Open Hours

Huntsville ECKANKAR Center

Open Hours: 1:00 PM to 3:00 PM
Introductory Discussion: 1:30 PM to 2:30 PM
Tea and Talk: 2:30 PM to 3:00 PM

First Saturdays—February 4, March 4



ECK Soul Adventure Booklets Discussion

Homewood Public Library
Birmingham Area

Please join us each third Sunday for a discussion of the free ebooks available at eckankar.org. From the home page choose *Engage* and then *eBooklets*. (See more information below.)

HU—Your Key to Spiritual Living

Date: Sunday, January 15 Time: 2:30 PM

Finding Your Life's Purpose

Date: Sunday, February 19 Time: 2:30 PM

The Power of Gratitude

Date: Sunday, March 19 Time: 2:30 PM

ECK Soul Adventure eBooklet Series

Looking for a burst of spiritual sunshine? For secrets of surviving and thriving in these times? Why not explore the ECK Soul Adventure eBooklet series on the Eckankar website (www.eckankar.org/ebooklets/)?

Each dynamic eBooklet in this series offers a quick tour of a key facet of spiritual living. Explore amazing stories, insights, questions-and-answers, and an inspiring spiritual exercise you can try today.

These short mobile-friendly PDFs cover a wide range of spiritual interests and needs. A delight to the eye and uplifting to every heart.

Here are the soul adventure topics among the ECK Soul Adventure eBooklet series waiting for you to explore:

- Karma and Reincarnation
- Divine Guidance
- Secrets of Divine Creativity
- HU—Your Key to Spiritual Living
- Finding Your Life's Purpose
- The Power of Gratitude
- Spiritual Stress Relief



The Sound of Soul Events

HU is a sacred sound and ancient mantra. It is an ancient name for God that has been sung for thousands of years in many lands for spiritual unfoldment.

HU can uplift people of any religion, culture, or walk of life.

You're invited to experience chanting HU, contemplative time, and spiritual conversation with others of like heart.

Experience some of the many benefits of HU:

- Inner peace and calm
- Divine love
- Expanded awareness
- Spiritual self-discovery and growth
- Healing of the heart

Auburn-Opelika, Birmingham, Huntsville

Location: Online Zoom event—see information about getting the Zoom link from one of our Meetup sites (page 3, left column).

Dates: 2nd Sundays: January 8, February 12, March 12

Time: 1:30 PM



Email and Mail Communications

If you are not receiving email communications from us and would like to receive event notices you may opt in to receive event notices at one of our Meetup groups (see below) or send an email request to info@eck-alabama.org. You can also choose to receive the *Lightline* newsletter as email only to save printing costs, or receive paper and email. Donations to support the newsletter are always happily accepted!

You may also download current and previous issues of the *Lightline* newsletter from our web site at www.eck-alabama.org.

Alabama ECK Meetup Groups

You may visit any of our Meetup groups for Eckankar in Alabama to obtain the Zoom links for online public events. The web addresses for the three groups are shown below:

[meetup.com/Auburn-Opelika-Spiritual-Experiences-Group](https://www.meetup.com/Auburn-Opelika-Spiritual-Experiences-Group)
[meetup.com/Birmingham-Spiritual-Experiences-Group](https://www.meetup.com/Birmingham-Spiritual-Experiences-Group)
[meetup.com/Huntsville-Spiritual-Experiences-Group](https://www.meetup.com/Huntsville-Spiritual-Experiences-Group)

ECK Clergy Services

ECK members and the public are welcome to contact a qualified ECK cleric about the following services:

The Four ECK Celebrations of Life. These are the ECK Consecration Ceremony (for young children), the ECK Rite of Passage (for boys and girls of about age thirteen), the ECK Wedding Ceremony, and the ECK Memorial Service.

ESA Sessions. An ECK Spiritual Aide session, though not counseling, can help you find your own answers in challenging situations through the personal guidance of Divine Spirit. The ESA session is conducted by an ECK Spiritual Aide, a specially appointed and trained ECK cleric.

There are no fees for the above services, but ECK clerics accept donations to Eckankar. For more information, please contact Eilert Bolstad at 256-585-4459. He will coordinate with the nearest available ECK cleric qualified to provide the requested services.

ECKANKAR Soul Adventure Seminar Online until January 31

The 2022 ECKANKAR Soul Adventure Seminar titled “Become a Light to the World” was held in Minneapolis, Minnesota from October 21-23, 2022.

This seminar can help you move forward spiritually as a divine light of God that shines with the certainty of life!

Weekend events included the following:

- Inspiring talks
- Heart-opening creative arts
- Roundtable discussions
- Sri Harold Klemp’s featured Saturday-evening talk

Whatever your faith or background, come and discover more about your divine nature as Soul! Visit www.eckankar.org for more information about the seminar.

How to Take the Next Step

Are you looking for the next step in understanding what the ECK teachings have to offer you? Here’s a list of suggestions for you to consider:

- Practice the Spiritual Exercises of ECK.
(For example, Sing HU for 15-20 minutes each day)
- Attend an ECK Sound of Soul Event.
- Attend an ECK Light and Sound Service.
- Order books about the ECK teachings from an online or local bookstore, your ECK Center, or at www.eckankar.org.
- Join an Eckankar book discussion class.
- Visit an Eckankar Satsang class (which studies discourses written by the Living ECK Master).
- Apply for membership in Eckankar.
- Study the ECK discourses that come with membership in the privacy of your home.
- Join an Eckankar Satsang class and study the ECK discourses with other members of Eckankar.



For more information about ECKANKAR activities:

In Birmingham: Birmingham ECKANKAR Satsang
Phone: 256-479-6409

In Huntsville: Huntsville ECKANKAR Satsang
P.O. Box 4792
Huntsville, AL 35815
Phone: 256-534-1751

Lightline

Serving the state of Alabama.

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