



YOU ARE INVITED TO ATTEND ANY OF THE FOLLOWING ECKANKAR ACTIVITIES IN ALABAMA. For more information about a particular event, you may write one of the Eckankar Satsangs shown on the outside cover page.

ECK Light and Sound Services

The ECK Light and Sound Service is made up of three spiritual parts. It begins with a short, uplifting reading from the works of Eckankar. The group next sings HU, a love song to God, and shares in an open discussion of some aspect of the ECK teachings.

Huntsville

Huntsville Eckankar Center 900 Wellman Avenue, NE #3 Also available online via Zoom (see p. 3 for link info)

Date: October 2

Time: 11:00 AM

Help from the Master^{*}

"The Mahanta, the Inner Master, works in many, many different ways to bring people the understanding or the enlightenment that is necessary for them at a certain time and in a certain place."

-Harold Klemp, Spiritual Lessons from Living, Mahanta Transcripts, Book 18, p. 5

*Please join us for fellowship and food after the service.

Date: November 6

Time: 11:00 AM

Soul Travel^{*}

"...Soul Travel is you living and being aware in full consciousness at a finer level of existence than you already are at. ..."

-Harold Klemp, Spiritual Lessons from Living, Mahanta Transcripts, Book 18, p. 8

*Please join us for fellowship and food after the service.

Date: December 4

Time: 11:00 AM

Be Ready When the Master Says, "Go!"*

"...Be ready to go the mile. Be ready to go the full distance. Do your training. Get ready. Because when the Master says, "Go!" you want to be on the starting block so you can go. ..."

-Harold Klemp, Spiritual Lessons from Living, Mahanta Transcripts, Book 18, p. 16

*Please join us for fellowship and food after the service.

ECK Center Open Hours

Huntsville ECKANKAR Center

1:00 PM to 3:00 PM Open Hours: Introductory Discussion: 1:30 PM to 2:30 PM Tea and Talk: 2:30 PM to 3:00 PM

October 1, November 5, December 3

Huntsville Eckankar Center Open

Welcome back!

Please take the following precautions to protect vourself and others:

- Wear a mask if you have immune problems of any kind, or if you feel more comfortable in a group while wearing a mask.
- Please do not attend in person if you have been exposed to any type of sickness in the past ten days. (Use the Zoom option online or by phone.)
- Please do not attend in person if you are sick. (Use the Zoom option online or by phone.)

Alabama's newsletter for Eckankar, The Path of Spiritual Freedom

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ECK Soul Adventure Booklets Discussion

Homewood Public Library Birmingham Area

Please join us each third Sunday for a discussion of the free ebooks available at *eckankar.org* (from the home page choose *Engage* and then *eBooklets*). A description of the ebooklets appears below.

Karma and ReincarnationDate:Sunday, October 16Time: 2:30 PMDivine GuidanceDate:Sunday, November 20Time: 2:30 PMSecrets of Divine Creativity

Date: Sunday, December 18 Time: 2:30 PM

ECK Soul Adventure eBooklet Series

Looking for a burst of spiritual sunshine? For secrets of surviving and thriving in these times? Why not explore the ECK Soul Adventure eBooklet series on the Eckankar website (www.eckankar.org/ebooklets/)?

Each dynamic eBooklet in this series offers a quick tour of a key facet of spiritual living. Explore amazing stories, insights, questions-and-answers, and an inspiring spiritual exercise you can try today.

These short mobile-friendly PDFs cover a wide range of spiritual interests and needs. A delight to the eye and uplifting to every heart.

Here are the soul adventure topics among the ECK Soul Adventure eBooklet series waiting for you to explore:

- Karma and Reincarnation
- Divine Guidance
- Secrets of Divine Creativity
- HU—Your Key to Spiritual Living
- Finding Your Life's Purpose
- The Power of Gratitude
- Spiritual Stress Relief



The Sound of Soul Events

HU is a sacred sound and ancient mantra. It is an ancient name for God that has been sung for thousands of years in many lands for spiritual unfoldment.

HU can uplift people of any religion, culture, or walk of life.

You're invited to experience chanting HU, contemplative time, and spiritual conversation with others of like heart.

Experience some of the many benefits of HU:

- Inner peace and calm
- Divine love
- Expanded awareness
- Spiritual self-discovery and growth
- Healing of the heart

Auburn-Opelika, Birmingham, Huntsville

Location:Online Zoom event—see Meetup info on
p. 3 for access to the Zoom links.Dates:2nd Sundays: October 9, November 13,
December 11Time:1:30 PM

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Lightline

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ECKANKAR Soul Adventure Seminar

The 2022 ECKANKAR Soul Adventure Seminar titled "Become a Light to the World" will be held in Minneapolis, Minnesota from October 21-23.

This seminar can help you move forward spiritually as a divine light of God that shines with the certainty of life!

Weekend events include the following:

- Inspiring talks
- Heart-opening creative arts
- Roundtable discussions
- Sri Harold Klemp's featured Saturday-evening talk

Whatever your faith or background, come and discover more about your divine nature as Soul! Registration is complimentary for guests. Visit <u>www.eckankar.org</u> for more information about the seminar.

The Online Eckankar Experience

The main Eckankar website (www.eckankar.org) is a wonderful resource, whether you want to order books, try a spiritual exercise, read an inspirational quote for the day, or listen to the HU, a love song to God that can help you.

On the Eckankar website you can download free books or a recording of a large group singing HU. There are sections explaining how to explore past lives, dreams, and Soul Travel, as well as sections describing who the ECK Masters are and how they can help you in your search for spiritual freedom.

In addition to the excerpts of seminar talks given by Sri Harold Klemp, spiritual leader of Eckankar, found on the Eckankar website there are also excerpts available on his Youtube channel addressing a variety of topics.

Email and Mail Communications

If you are not receiving email communications from us and would like to receive event notices you may opt in to receive event notices at one of our Meetup groups (see below) or send an email request to info@eckalabama.org. You can also choose to receive the *Lightline* newsletter as email only to save printing costs, or receive paper and email. Donations to support the newsletter are always happily accepted!

You may also download current and previous issues of the *Lightline* newsletter from our web site at <u>www.eck-alabama.org</u>.

Alabama ECK Meetup Groups

You may visit any of our Meetup groups for Eckankar in Alabama to obtain the Zoom links for online public events. The web addresses for the three groups are shown below:

meetup.com/Auburn-Opelika-Spiritual-Experiences-Group meetup.com/Birmingham-Spiritual-Experiences-Group meetup.com/Huntsville-Spiritual-Experiences-Group

ECK Clergy Services

ECK members and the public are welcome to contact a qualified ECK cleric about the following services:

The Four ECK Celebrations of Life. These are the ECK Consecration Ceremony (for young children), the ECK Rite of Passage (for boys and girls of about age thirteen), the ECK Wedding Ceremony, and the ECK Memorial Service.

ESA Sessions. An ECK Spiritual Aide session, though not counseling, can help you find your own answers in challenging situations through the personal guidance of Divine Spirit. The ESA session is conducted by an ECK Spiritual Aide, a specially appointed and trained ECK cleric.

There are no fees for the above services, but ECK clerics accept donations to Eckankar. For more information, please contact Eilert Bolstad at 256-585-4459. He will coordinate with the nearest available ECK cleric qualified to provide the requested services.

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For more information about ECKANKAR activities:

In Birmingham: Birmingham ECKANKAR Satsang Phone: 256-479-6409 In Huntsville: Huntsville ECKANKAR Satsang P.O. Box 4792

> Huntsville, AL 35815 Phone: 256-534-1751

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