



YOU ARE INVITED TO ATTEND ANY OF THE FOLLOWING **ECKANKAR** ACTIVITIES IN ALABAMA. For more information about a particular event, you may contact one of the Eckankar Satsangs shown on the outside cover page.

ECK Light and Sound Services

The ECK Light and Sound Service is a celebration of God’s love for Soul. Join other like-hearted, everyday people who have discovered keys to having extraordinary experiences with the Divine. This one-hour gathering offers talks, discussion, and a contemplative exercise using HU, an ancient mantra and sacred sound. Join us for refreshments and conversation after the service.

Huntsville

Huntsville Eckankar Center
900 Wellman Avenue, NE #3

Also available online via Zoom (see p. 3 for link info)

Date: April 5

Time: 11:00 AM

What Is Life Teaching Me Now?

“More important is to have a true look at yourself today: who and what you are here and now.

This is more important than a look at the past or a look at the future, even though we in ECK know that the past, present, and future are all one. They are a continuum. The past still exists now, the future is here and now, and as is the present. They’re all mixed, back and forth, in and out.”

—Harold Klemp, *How to Survive Spiritually in Our Times*, Mahanta Transcripts, Book 16, p. 80

Announcement:

The Huntsville Eckankar Center is closing the current location by May 1. The ECK Light and Sound Service will be online only, while we are looking for possible venues.

We are grateful for the location that has served us well for 46 years.

Huntsville

Online via Zoom

Zoom Link by eMail and Meetup (see p. 3 for link info)

Date: May 3

Time: 11:00 AM

Why Is ECKANKAR Called the Path of Spiritual Freedom?

“Each Soul is on a journey of Self-Discovery and God-Discovery. With every step forward, we enjoy greater release from the limitations of mind, emotions, karma, and reincarnation.

With this freedom comes responsibility, wisdom, and unconditional love.”

—Harold Klemp, *ECKANKAR: The Art of Spirituality*, p. 13



Date: June 7

Time: 11:00 AM

Creating a Life of Greater Happiness

“The mind can overreact to the rush of everyday living, leaving us on edge and out of sorts. We forget that help is as near as a few moments in contemplation.

At least once a day, let the Sound and Light of God enliven you with spiritual impulses. Gently chant *HU*, and the silent wind of God will enter the sacred temple of consciousness in the heart.

Once tensions relax, it is just moments until the healing current of Spirit begins to restore you.”

—Harold Klemp, *The Sound of Soul*, p. 60



The Sound of Soul Events

HU is a sacred sound and ancient mantra. It is an ancient name for God that has been sung for thousands of years in many lands for spiritual unfoldment.

You're invited to experience chanting HU, contemplative time, and spiritual conversation with others of like heart.

Experience some of the many benefits of HU:

- Inner peace and calm
- Divine love
- Expanded awareness
- Spiritual self-discovery and growth
- Healing of the heart

Auburn-Opelika, Birmingham, Huntsville

Location: Online Zoom event—see information about getting the Zoom link from one of our Meetup sites (see page 3).

Dates: 2nd Sundays:

April 12, May 10, June 14

Time: 1:30 PM

Eckankar Introductory Discussion and Book Room

Huntsville ECKANKAR Center

Open House: 1:00 PM to 3:00 PM

Introductory Discussion: 1:30 PM to 2:30 PM

Tea and Talk: 2:30 PM to 3:00 PM

Saturday—April 4

Feel free to check out books and CDs from our library.

Special Introductory Event

Soul Travel Explorations

You are Soul—an eternal, creative atom of God. Discover the wonder of *you!*

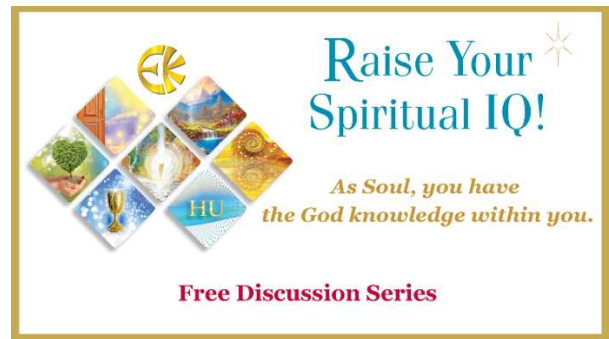
In *ECKANKAR—Key to Soul Travel*, Harold Klemp—former spiritual leader of Eckankar and a foremost authority on Soul Travel—offers spiritual exercises to

- travel to your inner worlds during sleep,
- understand the meaning of inner experiences, and
- go beyond prayer and astral projection to a high spiritual state of Seeing, Knowing, and Being.

This two-hour *Raise Your Spiritual IQ!* program, based on the book *ECKANKAR—Key to Soul Travel*, will be presented online via Zoom and at the Downtown Huntsville Public Library on Saturday, June 27, at 12:30 PM. (See p. 3 for Zoom link information)

This discussion will include a free book and the *Raise Your Spiritual IQ! Experience Journal* for newcomers.

ECK Spiritual Discussions



Downtown Huntsville Public Library

915 Monroe Street

Huntsville, AL 35801

& Zoom (see Meetup info, p. 3)

Date: Saturday, June 27 Time 12:30 PM

Topic: *ECKANKAR—Key to Soul Travel*

You are Soul—an eternal, creative atom of God. Discover the wonder of *you!*



ECK Spiritual Discussions

(Continued)

As part of the *Raise Your Spiritual IQ!* series, these discussions will include a **free book and the *Raise Your Spiritual IQ! Experience Journal* for newcomers.**

Huntsville

Saturdays before 1st Sunday

Awaken to your full spiritual potential with dreams, Soul Travel, and an understanding of past lives.

Your Spiritual IQ is unlimited.

- Learn ways to handle challenges from a spiritual perspective
- Discover techniques to access your divine intuition
- Get simple spiritual exercises to directly connect with the Life Source
- Jumpstart your spiritual adventure!

Date: Saturday, April 4 Time: 1:30 PM

Location: ECKANKAR Center
900 Wellman Avenue, NE #3

Date: Saturday, May 2 Time: 1:30 PM

Location: Downtown Huntsville Public Library
915 Monroe Street

Date: Saturday, June 6 Time: 1:30 PM

Location: Downtown Huntsville Public Library
915 Monroe Street

Birmingham Area

Homewood Public Library, Room 106
1721 Oxmoor Road
Homewood, AL 35209
Also on Zoom. (see Meetup info p.3)

Date: Sunday, April 19 Time: 2:30 PM

Topic: *Eckankar—Key to Past Lives*

Date: Sunday, May 17 Time: 2:30 PM

Topic: *Eckankar—Key to Dreams*

Date: Sunday, June 21 Time: 2:30 PM

Topic: *Eckankar—Key to Soul Travel*

Alabama ECK Meetup Groups

You may visit any of our Meetup groups for Eckankar in Alabama to obtain the Zoom links for online public events. The web addresses for the three groups are shown below:

[meetup.com/Auburn-Opelika-Spiritual-Experiences-Group](https://www.meetup.com/Auburn-Opelika-Spiritual-Experiences-Group)

[meetup.com/Birmingham-Spiritual-Experiences-Group](https://www.meetup.com/Birmingham-Spiritual-Experiences-Group)

[meetup.com/Huntsville-Spiritual-Experiences-Group](https://www.meetup.com/Huntsville-Spiritual-Experiences-Group)

Email and Mail Communications

If you are not receiving email communications from us and would like to receive event notices, you may opt in to receive event notices at one of our Meetup groups (see above) or send an email request to SingHU247@aol.com. You can also choose to receive the *Lightline* newsletter as email only to save printing and mailing costs, or receive paper and email. Donations to support the newsletter are always happily accepted!

You may also download current and previous issues of the *Lightline* newsletter from our web site at www.eck-alabama.org.

ECK Clergy Services

ECK members and the public are welcome to contact a qualified ECK cleric about the following services:

The Four ECK Celebrations of Life. These are the ECK Consecration Ceremony (for young children), the ECK Rite of Passage (for boys and girls of about age thirteen), the ECK Wedding Ceremony, and the ECK Memorial Service.

ESA Sessions. An ECK Spiritual Aide session, though not counseling, can help you find your own answers in challenging situations through the personal guidance of Divine Spirit. The ESA session is conducted by an ECK Spiritual Aide, a specially appointed and trained ECK cleric.

There are no fees for the above services, but ECK clerics accept donations to Eckankar. For more information, please contact Eilert Bolstad at 256-585-4459. He will coordinate with the nearest available ECK cleric qualified to provide the requested services.



For more information about ECKANKAR activities:

In Birmingham: Birmingham ECKANKAR Satsang
Phone: 256-479-6409

In Huntsville: Huntsville ECKANKAR Satsang
P.O. Box 4792
Huntsville, AL 35815
Phone: 256-534-1751

Lightline

Serving the state of Alabama.

April / May / June 2026.

Published by the Alabama Satsang Society, Inc.,

A Chartered Affiliate of ECKANKAR.

ECKANKAR—The Path of Spiritual Freedom.