YOU ARE INVITED TO ATTEND ANY OF THE FOLLOWING **ECKANKAR** ACTIVITIES IN ALABAMA.
For more information about a particular event, you may contact one of the Eckankar Satsangs shown on the outside cover page.

ECK Light and Sound Services

The ECK Light and Sound Service is a celebration of God's love for Soul. Join other like-hearted, everyday people who have discovered keys to having extraordinary experiences with the Divine. This one-hour gathering offers talks, discussion, and a contemplative exercise using HU, an ancient mantra and sacred sound.

Huntsville

Garner Hotel Madison
101 Westchester Rd, Madison, AL 35758
Also online via Zoom (see p. 2 for Meetup and link info)

Date: October 4 Time: 11:00 AM

Living in the Heart of Love

"The most secret part of yourself is the heart of love.

Paul spoke of getting to the most secret part of yourself through contemplation, through the Spiritual Exercises of ECK. Contemplation is a conversation with the most secret, most genuine, and most mysterious part of yourself. …

Help is so close, help is so near. All you have to do is do your part. All you have to do is take the key and put it in the door of your heart, and the Mahanta [Inner Guide] will turn the key and open the door.

And the door opens, of course, to God's love—infinite, boundless, refreshing love, like a fountain in the desert."
—Harold Klemp, *Our Spiritual Wake-Up Calls,*
Mahanta Transcripts, Book 15, p. 49

Date: November 1 Time: 11:00 AM

How Divine Spirit Works in Our Lives Every Day

"As Soul we are looking only for experience, whether it's in this world or in the other worlds."
—Harold Klemp, *Touching the Face of God,* p. 17

Date: December 6 Time: 11:00 AM

Create Your Own Golden Age

"It's never too late to declare a golden age, a new golden age for yourself. No matter where you are in life, maybe you face some changes—health, career, finances—just go ahead and declare victory and set your goals and pursue them with the aid of Divine Spirit."
—Sri Doug Kunin, Video talk, *"A New Year of Spiritual Growth*"

2026 ECK Worldwide Soul Adventure Seminar

October 23-25, 2026
Minneapolis, Minnesota

Secrets of Spiritual Healing: A Secret to Spiritual Living

A golden opportunity to raise your spiritual awareness awaits you at the 2026 ECK Worldwide Soul Adventure Seminar.

Explore what spiritual healing means for you personally. Along the way, discover the profound reality of divine love in your life. You may never be the same!

Experience heart-opening talks and musical performances, dynamic workshops, and in-depth roundtable discussions. Did you know that Soul exists because of God's love for It? Explore what that means in your everyday life.

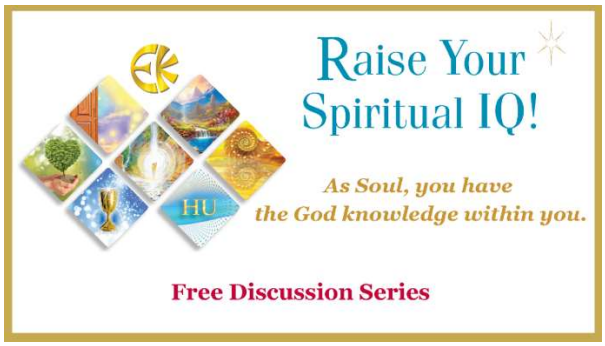
The highlight of the seminar is Saturday evening's talk by Sri Doug Kunin, the spiritual leader of ECKANKAR. Inspiring, engaging, and warmly relatable, he speaks directly to you as Soul, awakening the divine knowledge that is already within you.

An awesome journey awaits you!

New to Eckankar? Be our guest with complimentary registration. *Register today at* ECKseminars.org.

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ECK Spiritual Discussions



As part of the *Raise Your Spiritual IQ!* Series, these discussions will include a **free book and the *Raise Your Spiritual IQ! Experience Journal* for newcomers**.

Downtown Pubic Library Huntsville

Saturdays before 1st Sunday

Awaken to your full spiritual potential with dreams, Soul Travel, and an understanding of past lives.

Your Spiritual IQ is unlimited.

- Learn ways to handle challenges from a spiritual perspective
- Discover techniques to access your divine intuition
- Get simple spiritual exercises to directly connect with the Life Source
- Jumpstart your spiritual adventure!

Date: Saturday, October 3 Time: 1:30 PM
Location: Downtown Huntsville Public Library
Room A, 1st Floor
915 Monroe Street
Huntsville, AL 35801

Date: Saturday, October 31 Time: 1:30 PM
Location: Downtown Huntsville Public Library
Room A, 1st Floor
915 Monroe Street
Huntsville, AL 35801

Date: Saturday, December 5 Time: 1:30 PM
Location: Downtown Huntsville Public Library
Room A, 1st Floor
915 Monroe Street
Huntsville, AL 35801

ECK Spiritual Discussions
(Continued)

Birmingham Area

Online via Zoom
(See below for Meetup info)

Date: Sunday, November 15 Time 3:00 PM
Topic: *ECK Soul Adventure eBooklet, Karma and Reincarnation*

Date: Sunday, December 20 Time 3:00 PM
Topic: *ECK Soul Adventure eBooklet, Secrets of Divine Creativity*

How to Take the Next Step

Are you looking for the next step in understanding what the ECK teachings have to offer you? Here's a list of suggestions for you to consider:

- Practice the Spiritual Exercises of ECK. (For example, Sing HU for 15-20 minutes each day.)
- Attend an ECK Sound of Soul Event.
- Attend an ECK Light and Sound Service.
- Order books about the ECK teachings from an online bookstore (like www.amazon.com/Eckankar), a local bookstore, or an ECK Center.
- Join an Eckankar book discussion class.
- Visit an Eckankar Satsang class (which studies discourses written by the Living ECK Master).
- Apply for membership in Eckankar.
- Join an Eckankar Satsang class and study the ECK discourses with other members of Eckankar.

Alabama ECK Meetup Groups

You may visit any of our Meetup groups for Eckankar in Alabama to obtain the Zoom links for online public events. The web addresses for the three groups are shown below:

meetup.com/Auburn-Opelika-Spiritual-Experiences-Group
meetup.com/Birmingham-Spiritual-Experiences-Group
meetup.com/Huntsville-Spiritual-Experiences-Group

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The Sound of Soul Events

HU is a sacred sound and ancient mantra. It is an ancient name for God that has been sung for thousands of years in many lands for spiritual unfoldment.

You're invited to experience chanting HU, contemplative time, and spiritual conversation with others of like heart.

Experience some of the many benefits of HU:
• Inner peace and calm
• Divine love
• Expanded awareness
• Spiritual self-discovery and growth
• Healing of the heart

Auburn-Opelika, Birmingham, Huntsville

Location: Online Zoom event—see information about getting the Zoom link from one of our Meetup sites (see p. 2).
Dates: 2nd Sundays:
October 11, November 8, December 13
Time: 1:30 PM

Email and Mail Communications

If you are not receiving email communications from us and would like to receive event notices, you may opt in to receive event notices at one of our Meetup groups (see above) or send an email request to SingHU247@aol.com. You can also choose to receive the *Lightline* newsletter as email only to save printing and mailing costs, or receive paper and email. Donations to support the newsletter are always happily accepted!

You may also download current and previous issues of the *Lightline* newsletter from our web site at www.eck-alabama.org.

ECK Soul Adventure eBooklet Series

Looking for a burst of Spiritual sunshine? For secrets of surviving and thriving in these times? Why not explore the ECK Soul Adventure eBooklet series on the Eckankar website? Go to www.eckankar.org and choose Engage and then eBooklets. You can read them online or download them.

Each dynamic eBooklet in this series offers a quick tour of a key facet of spiritual living. Explore amazing stories, insights, questions-and-answers, and an inspiring spiritual exercise you can try today.

Here are some topics waiting for you to explore:

- Karma and Reincarnation
- Divine guidance
- Secrets of Divine Creativity
- HU—Your Key to Spiritual Living
- Finding Your Life's Purpose
- The Power of Gratitude
- Spiritual Stress Relief

ECK Clergy Services

ECK members and the public are welcome to contact a qualified ECK cleric about the following services:

The Four ECK Celebrations of Life. These are the ECK Consecration Ceremony (for young children), the ECK Rite of Passage (for boys and girls of about age thirteen), the ECK Wedding Ceremony, and the ECK Memorial Service.

ESA Sessions. An ECK Spiritual Aide session, though not counseling, can help you find your own answers in challenging situations through the personal guidance of Divine Spirit. The ESA session is conducted by an ECK Spiritual Aide, a specially appointed and trained ECK cleric.

There are no fees for the above services, but ECK clerics accept donations to Eckankar. For more information, please contact Eilert Bolstad at 256-585-4459. He will coordinate with the nearest available ECK cleric qualified to provide the requested services.

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For more information about ECKANKAR activities:

In Birmingham: Birmingham ECKANKAR Satsang
Phone: 256-479-6409

In Huntsville: Huntsville ECKANKAR Satsang
P.O. Box 4792
Huntsville, AL 35815
Phone: 256-852-5256

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