



YOU ARE INVITED TO ATTEND ANY OF THE FOLLOWING ECKANKAR ACTIVITIES IN ALABAMA. For more information about a particular event, you may write one of the Eckankar Satsangs shown on the outside cover page.

## **ECK Light and Sound Services**

The ECK Light and Sound Service is made up of three spiritual parts. It begins with a short, uplifting reading from the works of Eckankar. The group next sings HU, a love song to God, and shares in an open discussion of some aspect of the ECK teachings.

## Huntsville

Huntsville Eckankar Center 900 Wellman Avenue, NE #3 Also available online via Zoom (see p. 3 for link info)

Date: October 1

Time: 11:00 AM

### Soul's Golden Contract

"This is the golden contract: that every encounter, without exception, is there to move Soul along spiritually on Its way back home to God. That's every encounter, every event, without exception.

Something's trying to nudge you back home to God. And that means if you're a real hard nut to crack, to soften you up with love. Because that's what all this is about. This is what *you* are about. God is love. And Soul, being a creation of Godfrom God—is at heart a unit of love too."

-Harold Klemp, Spiritual Lessons from Living, Mahanta Transcripts, Book 18, p. 136

Date: November 5

Time: 11:00 AM

## Living Life Gracefully

"One of the most important things we need to learn is how to be gracious and graceful in our everyday life."

-Harold Klemp, The Awakened Heart, p. 50

Date: December 3

Time: 11:00 AM

#### **Giving of Yourself**

"So what have I to give? Often it's as simple as patience, love, and understanding...."

-Harold Klemp, We Come as Eagles, Mahanta Transcripts, Book 9, p. 129

#### **Eckankar Introductory Discussion** and Book Room

Huntsville ECKANKAR Center

**Open Hours:** Introductory Discussion: Tea and Talk:

1:00 PM to 3:00 PM 1:30 PM to 2:30 PM 2:30 PM to 3:00 PM

Saturdays—September 30, November 4, & December 2

## **ECK Introductory Discussions**

Huntsville Eckankar Center 900 Wellman Avenue, NE #3 Saturdays before 1<sup>st</sup> Sunday

Date:	September 30	Time:	1:30 PM
Topic:	ECK Wisdom on Spiritual	Freedom	
-	by Harold Klemp		

Date:	November 4	Time:	1:30 PM
Date.		1 11110.	1.30 1 101

Topic: "Graceful Living" in The Awakened Heart by Harold Klemp

Date: December 2 Time: 1:30 PM Topic: Finding Your Life's Purpose eBooklet by Harold Klemp

#### Alabama's newsletter for Eckankar, The Path of Spiritual Freedom

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## Lightline October / November / December 2023



## **ECK Soul Adventure Discussions**

South Huntsville Public Library 7901-L Bailey Cove Road Huntsville, AL 35802

Secrets of Divine Creativity Date: Saturday, October 28 Time: 10:30 AM

## **ECK Soul Adventure eBooklet Series**

Looking for a burst of spiritual sunshine? For secrets of surviving and thriving in these times? Why not explore the ECK Soul Adventure eBooklet series on the Eckankar website. Go to www.eckankar.org and choose Engage and then eBooklets. You can read them online or download them.

Each dynamic eBooklet in this series offers a quick tour of a key facet of spiritual living. Explore amazing stories, insights, questions-and-answers, and an inspiring spiritual exercise you can try today.

Here are the soul adventure topics among the ECK Soul Adventure eBooklet series waiting for you to explore:

- Karma and Reincarnation •
- **Divine** Guidance •
- Secrets of Divine Creativity
- HU—Your Key to Spiritual Living •
- Finding Your Life's Purpose ٠
- The Power of Gratitude
- Spiritual Stress Relief

## **ECK Wisdom Book Discussions**

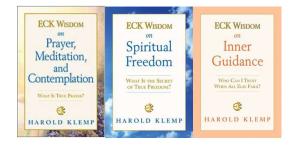
Homewood Public Library **Birmingham** Area

You do not have to have the books to participate in the discussion of the topic.

Date: Sunday, October 15 Time: 2:30 PM

Topic: ECK Wisdom on Prayer, Meditation and Contemplation by Harold Klemp

- Date: Sunday, November 19 Time: 2:30 PM
- Topic: ECK Wisdom on Spiritual Freedom by Harold Klemp
- Date: Sunday, December 17 Time 2:30 PM
- Topic: ECK Wisdom on Inner Guidance by Harold Klemp



## **ECKANKAR Books on Free eReaders**

You can get many Eckankar books in electronic format for your Kindle or Nook. If you don't have the Kindle or Nook, the books look great on your computer or smart phone. Download one of the free apps – Amazon Kindle or Barnes and Noble Nook.

Over 50 titles are available.

To get the books from Amazon, go to amazon.com. Find the book, for instance *ECKANKAR—Key to Past* Lives. Download the Amazon Kindle eReader to your computer or smartphone. Purchase the book. Similarly for Barnes and Noble, go to barnesandnoble.com. Search for ECKANKAR—Kev to Past Lives. Download the Nook eReader. Purchase the book for 99 cents. You only download the eReader once. It will read any of the eBooks.

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## The Sound of Soul Events

HU is a sacred sound and ancient mantra. It is an ancient name for God that has been sung for thousands of years in many lands for spiritual unfoldment.

You're invited to experience chanting HU, contemplative time, and spiritual conversation with others of like heart.

Experience some of the many benefits of HU:

- Inner peace and calm
- Divine love
- Expanded awareness
- Spiritual self-discovery and growth
- Healing of the heart

#### Auburn-Opelika, Birmingham, Huntsville

Location:	Online Zoom event—see information about
	getting the Zoom link from one of our
	Meetup sites (below).
Dates:	2 <sup>nd</sup> Sundays:
	October 8, November 12, December 10
Time:	1:30 PM

## Alabama ECK Meetup Groups

You may visit any of our Meetup groups for Eckankar in Alabama to obtain the Zoom links for online public events. The web addresses for the three groups are shown below:

meetup.com/Auburn-Opelika-Spiritual-Experiences-Group meetup.com/Birmingham-Spiritual-Experiences-Group meetup.com/Huntsville-Spiritual-Experiences-Group

### **Email and Mail Communications**

If you are not receiving email communications from us and would like to receive event notices you may opt in to receive event notices at one of our Meetup groups (see below) or send an email request to SingHU247@aol.com You can also choose to receive the *Lightline* newsletter as email only to save printing costs, or receive paper and email. Donations to support the newsletter are always happily accepted!

You may also download current and previous issues of the Lightline newsletter from our web site at www.eckalabama.org.

#### **ECK Soul Adventure Seminar** October 20-22, 2023 Minneapolis, Minnesota

#### The Power of Grace: A Secret to Spiritual Living

"We live in a time of unequaled spiritual opportunity.

The daily struggles that life presents are opportunities to cultivate spiritual grace.

Graceful living is to realize everything that comes into your life is for the good.

It is having the grace to accept God's will as it appears." —Sri Harold Klemp,

the Mahanta, the Living ECK Master **Featured Speaker** 

A Soul Adventure touches you at the very core of your being. You are Soul-a unique, creative spark of God!

A Soul Adventure helps you explore new ways to unlock the diving knowledge and creativity already within the heart.

There is no charge for admittance for newcomers. Experience talks, round-tables, workshops, creative arts, HU Songs, training, and informal gatherings and socials. Visit www.eckankar.org for more information.

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For more information about ECKANKAR activities:

In Birmingham: Birmingham ECKANKAR Satsang Phone: 256-479-6409

In Huntsville: Huntsville ECKANKAR Satsang P.O. Box 4792 Huntsville, AL 35815 Phone: 256-534-1751

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Serving the state of Alabama. October / November / December 2023. Published by the Alabama Satsang Society, Inc., A Chartered Affiliate of ECKANKAR. ECKANKAR—The Path of Spiritual Freedom.

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