



YOU ARE INVITED TO ATTEND ANY OF THE FOLLOWING **ECKANKAR** ACTIVITIES IN ALABAMA.
For more information about a particular event, you may contact one of the Eckankar Satsangs shown on the outside cover page.

ECK Light and Sound Services

The ECK Light and Sound Service is a celebration of God's love for Soul. Join other like-hearted, everyday people who have discovered keys to having extraordinary experiences with the Divine. This one-hour gathering offers talks, discussion, and a contemplative exercise using HU, an ancient mantra and sacred sound.

Huntsville/Madison

Garner Hotel Madison

101 Westchester Rd, Madison, AL 35758

Also, online via Zoom (see p. 3 for Meetup and link info)

Date: August 2

Time: 11:00 AM

Expect the Unexpected!

“Creativity, bountifulness, and gratitude go hand in hand.”

—Harold Klemp, *The Language of Soul*, p. 69

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Email and Mail Communications

If you are not receiving email communications from us and would like to receive event notices, you may opt in to receive event notices at one of our Meetup groups (see p. 3) or send an email request to SingHU247@aol.com. You can also choose to receive the *Lightline* newsletter as email only to save printing and mailing costs or receive paper and email. Donations to support the newsletter are always happily accepted!

You may also download current and previous issues of the *Lightline* newsletter from our web site at www.eck-alabama.org.



The Sound of Soul Events

HU is a sacred sound and ancient mantra. It is an ancient name for God that has been sung for thousands of years in many lands for spiritual unfoldment.

You're invited to experience chanting HU, contemplative time, and spiritual conversation with others of like heart.

Experience some of the many benefits of HU:

- Inner peace and calm
- Divine love
- Expanded awareness
- Spiritual self-discovery and growth
- Healing of the heart

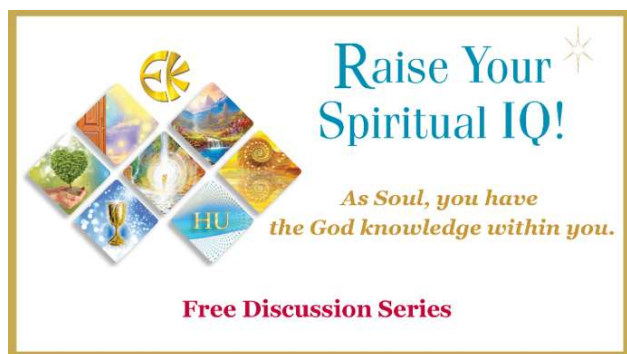
Auburn-Opelika, Birmingham, Huntsville

Location: Online Zoom event—see information about getting the Zoom link from one of our Meetup sites (see page 3).

Dates: 2nd Sundays:

July 12, August 9, September 13

Time: 1:30 PM



Special Introductory Event

Your Dream Worlds Revealed

Dreams are windows into worlds beyond the ordinary. Dreams can range from guidance into the smallest details of daily life all the way to profound spiritual insights and the experience of unconditional love.

ECKANKAR's dream teachings can help you gain insights from the past and future, grow in confidence, heal yourself spiritually, make decisions about your career and finances, and more.

This two-hour *Raise Your Spiritual IQ!* program, based on the book *ECKANKAR—Key to Dreams*, will be presented online via Zoom and at the South Huntsville Public Library on Sunday, September 27, at 1:30 PM. (See p. 3 for Zoom link information)

This discussion will include a free book and the *Raise Your Spiritual IQ! Experience Journal* for newcomers.

ECK Spiritual Discussions

South Huntsville Public Library

7901 Bailey Cove Rd SE,
Huntsville, AL 35802
& via Zoom (see Meetup info, p. 3)

Date: Sunday, September 27 Time 1:30 PM
Topic: *ECKANKAR—Your Dream Worlds Revealed*
Dreams are a spiritual gold mine. Get answers on health, love, finances, and more!

ECK Spiritual Discussions

(Continued)

As part of the *Raise Your Spiritual IQ!* series, these discussions will include a **free book and the *Raise Your Spiritual IQ! Experience Journal*** for newcomers.

Downtown Pubic Library Huntsville

Saturdays before 1st Sunday

Awaken to your full spiritual potential with dreams, Soul Travel, and an understanding of past lives.

Your Spiritual IQ is unlimited.

- Learn ways to handle challenges from a spiritual perspective
- Discover techniques to access your divine intuition
- Get simple spiritual exercises to directly connect with the Life Source
- Jumpstart your spiritual adventure!

Date: Saturday, August 1 Time: 1:30 PM

Location: Downtown Public Library Huntsville
Foundation Boardroom, 2nd Floor
915 Monroe Street, Huntsville, AL 35801



Birmingham Area

Homewood Public Library, Room 106
1721 Oxmoor Road
Homewood, AL 35209

Also on Zoom. (see Meetup info p.3)

Date: Sunday, July 19 Time 3:00 PM

Topic: *ECK Soul Adventure eBooklet, Divine Guidance*

Date: Sunday, August 16 Time 3:00 PM

Topic: *Is Life a Random Walk?*

Date: Sunday, September 20 Time 3:00 PM

Topic: *How to Develop a Powerful Spiritual Practice*



How to Take the Next Step

Are you looking for the next step in understanding what the ECK teachings have to offer you? Here's a list of suggestions for you to consider:

- Practice the Spiritual Exercises of ECK.
(For example, Sing HU for 15-20 minutes each day.)
- Attend an ECK Sound of Soul Event.
- Attend an ECK Light and Sound Service.
- Order books about the ECK teachings from an online or local bookstore, your ECK Center, or at www.eckankar.org.
- Join an Eckankar book discussion class.
- Visit an Eckankar Satsang class (which studies discourses written by the Living ECK Master).
- Apply for membership in Eckankar.
- Study the ECK discourses that come with membership in the privacy of your home.
- Join an Eckankar Satsang class and study the ECK discourses with other members of Eckankar.

Alabama ECK Meetup Groups

You may visit any of our Meetup groups for Eckankar in Alabama to obtain the Zoom links for online public events. The web addresses for the three groups are shown below:

[meetup.com/Auburn-Opelika-Spiritual-Experiences-Group](https://www.meetup.com/Auburn-Opelika-Spiritual-Experiences-Group)
[meetup.com/Birmingham-Spiritual-Experiences-Group](https://www.meetup.com/Birmingham-Spiritual-Experiences-Group)
[meetup.com/Huntsville-Spiritual-Experiences-Group](https://www.meetup.com/Huntsville-Spiritual-Experiences-Group)

ECK Soul Adventure eBooklet Series

Looking for a burst of spiritual sunshine? For secrets of surviving and thriving in these times? Why not explore the ECK Soul Adventure eBooklet series on the Eckankar website. Go to www.eckankar.org and choose Engage and then eBooklets. You can read them online or download them.

Each dynamic eBooklet in this series offers a quick tour of a key facet of spiritual living. Explore amazing stories, insights, questions-and-answers, and an inspiring spiritual exercise you can try today.

Here are the soul adventure topics among the ECK Soul Adventure eBooklet series waiting for you to explore:

- Karma and Reincarnation
- Divine Guidance
- Secrets of Divine Creativity
- HU—Your Key to Spiritual Living
- Finding Your Life's Purpose
- The Power of Gratitude
- Spiritual Stress Relief

ECK Clergy Services

ECK members and the public are welcome to contact a qualified ECK cleric about the following services:

The Four ECK Celebrations of Life. These are the ECK Consecration Ceremony (for young children), the ECK Rite of Passage (for boys and girls of about age thirteen), the ECK Wedding Ceremony, and the ECK Memorial Service.

ESA Sessions. An ECK Spiritual Aide session, though not counseling, can help you find your own answers in challenging situations through the personal guidance of Divine Spirit. The ESA session is conducted by an ECK Spiritual Aide, a specially appointed and trained ECK cleric.

There are no fees for the above services, but ECK clerics accept donations to Eckankar. For more information, please contact Eilert Bolstad at 256-585-4459. He will coordinate with the nearest available ECK cleric qualified to provide the requested services.



For more information about ECKANKAR activities:

In Birmingham: Birmingham ECKANKAR Satsang
Phone: 256-479-6409

In Huntsville: Huntsville ECKANKAR Satsang
P.O. Box 4792
Huntsville, AL 35815
Phone: 256-852-5256

Lightline

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