



YOU ARE INVITED TO ATTEND ANY OF THE FOLLOWING **ECKANKAR** ACTIVITIES IN ALABAMA. For more information about a particular event, you may write one of the Eckankar Satsangs shown on the outside cover page.

ECK Light and Sound Services

The ECK Light and Sound Service is made up of three spiritual parts. It begins with a short, uplifting reading from the works of Eckankar. The group next sings HU, a love song to God, and shares in an open discussion of some aspect of the ECK teachings.

Huntsville

Huntsville Eckankar Center
900 Wellman Avenue, NE #3

Also available online via Zoom (see p. 2 for link info)



Date: August 6

Time: 11:00 AM

The Heart of Love

“The most secret part of yourself is the heart of love. The greatest gift life can give you is a means to come into contact with this mysterious part, which is the secret to life itself.”

—Harold Klemp, *Spiritual Wisdom on Prayer, Meditation, and Contemplation*, p. 33

Eckankar Introductory Discussion and Book Room

Huntsville ECKANKAR Center

Open House: 1:00 PM to 3:00 PM
Introductory Discussion: 1:30 PM to 2:30 PM
Tea and Talk: 2:30 PM to 3:00 PM

First Saturday—August 5

ECK Introductory Discussion

Huntsville Eckankar Center
900 Wellman Avenue, NE #3
1st Saturdays at 1:30 PM

Spiritual Wisdom on Prayer, Meditation, and Contemplation
August 5

“Prayer. Meditation. Contemplation. What’s at the heart of these spiritual practices? Each is a response to the call of Soul. Each represents an individual’s desire to contact the source of all truth....”

—Harold Klemp, *Spiritual Wisdom on Prayer, Meditation, and Contemplation*, p. 1

ECK Soul Adventure Discussions

South Huntsville Public Library
7901-L Bailey Cove Road
Huntsville, AL 35802

Karma and Reincarnation

Date: Saturday, July 22 Time: 10:30 AM

The Power of Gratitude

Date: Saturday, August 26 Time: 10:30 AM

HU—Your Key to Spiritual Living

Date: Saturday, September 23 Time: 10:30 AM



ECK Soul Adventure eBooklet Series

Looking for a burst of spiritual sunshine? For secrets of surviving and thriving in these times? Why not explore the ECK Soul Adventure eBooklet series on the Eckankar website (www.eckankar.org/ebooklets/)? Or, go to Eckankar.org and choose Engage and then eBooklets.

Each dynamic eBooklet in this series offers a quick tour of a key facet of spiritual living. Explore amazing stories, insights, questions and answers, and an inspiring spiritual exercise you can try today.

Here are the soul adventure topics among the ECK Soul Adventure eBooklet series waiting for you to explore:

- Karma and Reincarnation
- Divine Guidance
- Secrets of Divine Creativity
- HU—Your Key to Spiritual Living
- Finding Your Life's Purpose
- The Power of Gratitude
- Spiritual Stress Relief

Email and Mail Communications

If you are not receiving email communications from us and would like to receive event notices you may opt in to receive event notices at one of our Meetup groups (see page 2) or send an email request to SingHU247@aol.com. You can also choose to receive the *Lightline* newsletter as email only to save printing costs, or receive paper and email. Donations to support the newsletter are always happily accepted!

You may also download current and previous issues of the *Lightline* newsletter from our web site at www.eck-alabama.org.

How to Take the Next Step

Are you looking for the next step in understanding what the ECK teachings have to offer you? Here's a list of suggestions for you to consider:

- Practice the Spiritual Exercises of ECK.
(For example, Sing HU for 15-20 minutes each day)
- Attend an ECK Sound of Soul Event.
- Attend an ECK Light and Sound Service.
- Order books about the ECK teachings from an online or local bookstore, your local ECK Center, or at www.eckankar.org.
- Join an Eckankar book discussion class.
- Visit an Eckankar Satsang class (which studies discourses written by the Living ECK Master).
- Apply for membership in Eckankar.
- Study the ECK discourses that come with membership in the privacy of your home.
- Join an Eckankar Satsang class and study the ECK discourses with other members of Eckankar.

ECK Clergy Services

ECK members and the public are welcome to contact a qualified ECK cleric about the following services:

The Four ECK Celebrations of Life. These are the ECK Consecration Ceremony (for young children), the ECK Rite of Passage (for boys and girls of about age thirteen), the ECK Wedding Ceremony, and the ECK Memorial Service.

ESA Sessions. An ECK Spiritual Aide session, though not counseling, can help you find your own answers in challenging situations through the personal guidance of Divine Spirit. The ESA session is conducted by an ECK Spiritual Aide, a specially appointed and trained ECK cleric.

There are no fees for the above services, but ECK clerics accept donations to Eckankar. For more information, please contact Eilert Bolstad at 256-585-4459. He will coordinate with the nearest available ECK cleric qualified to provide the requested services.



For more information about ECKANKAR activities:

In Birmingham: Birmingham ECKANKAR Satsang
Phone: 256-479-6409

In Huntsville: Huntsville ECKANKAR Satsang
P.O. Box 4792
Huntsville, AL 35815
Phone: 256-534-1751

Lightline

Serving the state of Alabama.

July / August / September 2023.

Published by the Alabama Satsang Society, Inc.,

A Chartered Affiliate of ECKANKAR.

ECKANKAR—The Path of Spiritual Freedom.