



ECK Introductory Discussions

(continued)

South Huntsville Public Library

7901-L Bailey Cove Road
Huntsville, AL 35802

Spiritual Stress Relief eBooklet

Date: Saturday, January 27 Time: 10:30 AM

ECK Wisdom on Health and Healing

Date: Saturday, February 24 Time: 10:30 AM

ECK Wisdom on Life After Death

Date: Saturday, March 23 Time: 10:30 AM

ECK Soul Adventure eBooklet Series

Looking for a burst of spiritual sunshine? For secrets of surviving and thriving in these times? Why not explore the ECK Soul Adventure eBooklet series on the Eckankar website. Go to www.eckankar.org and choose Engage and then eBooklets. You can read them online or download them for free.

Each dynamic eBooklet in this series offers a quick tour of a key facet of spiritual living. Explore amazing stories, insights, questions-and-answers, and an inspiring spiritual exercise you can try today.

Here are the soul adventure topics among the ECK Soul Adventure eBooklet series waiting for you to explore:

- Karma and Reincarnation
- Divine Guidance
- Secrets of Divine Creativity
- HU—Your Key to Spiritual Living
- Finding Your Life’s Purpose
- The Power of Gratitude
- Spiritual Stress Relief

ECK Wisdom Book Discussions

Homewood Public Library

Birmingham Area

You do not have to have the books to participate in the discussion of the topic. See the article about free eReaders on page 3 to learn how to obtain the books.

Date: Sunday, January 21 Time: 2:30 PM

Topic: *ECK Wisdom on Dreams*
by Harold Klemp

Date: Sunday, February 18 Time: 2:30 PM

Topic: *ECK Wisdom on Health and Healing*
by Harold Klemp

Date: Sunday, March 17 Time 2:30 PM

Topic: *ECK Wisdom on Life After Death*
by Harold Klemp

The Sound of Soul Events

HU is a sacred sound and ancient mantra. It is an ancient name for God that has been sung for thousands of years in many lands for spiritual unfoldment.

You’re invited to experience chanting HU, contemplative time, and spiritual conversation with others of like heart.

Experience some of the many benefits of HU:

- Inner peace and calm
- Divine love
- Expanded awareness
- Spiritual self-discovery and growth
- Healing of the heart

Auburn-Opelika, Birmingham, Huntsville

Location: Online Zoom event—see information about getting the Zoom link from one of our Meetup sites (above).

Dates: 2nd Sundays:

January 14, February 11, March 10

Time: 1:30 PM



ECKANKAR Books on Free eReaders

You can get many Eckankar books in electronic format for your Kindle or Nook. If you don't have the Kindle or Nook, the books look great on your computer or smart phone. Download one of the free apps – Amazon Kindle or Barnes and Noble Nook.

Over 50 titles are available.

To get the books from Amazon, go to amazon.com. Find the book, for instance *ECK Wisdom on Health and Healing*. Download the Amazon Kindle eReader to your computer or smartphone. Purchase the book. Similarly for Barnes and Noble, go to barnesandnoble.com. Search for *ECK Wisdom on Health and Healing*. Download the Nook eReader. Purchase the book for 99 cents. You only download the eReader once. It will read any of the eBooks.

Alabama ECK Meetup Groups

You may visit any of our Meetup groups for Eckankar in Alabama to obtain the Zoom links for online public events. The web addresses for the three groups are shown below:

- meetup.com/Auburn-Opelika-Spiritual-Experiences-Group
- meetup.com/Birmingham-Spiritual-Experiences-Group
- meetup.com/Huntsville-Spiritual-Experiences-Group

ECK Clergy Services

ECK members and the public are welcome to contact a qualified ECK cleric about the following services:

The Four ECK Celebrations of Life. These are the ECK Consecration Ceremony (for young children), the ECK Rite of Passage (for boys and girls of about age thirteen), the ECK Wedding Ceremony, and the ECK Memorial Service.

ESA Sessions. An ECK Spiritual Aide session, though not counseling, can help you find your own answers in challenging situations through the personal guidance of Divine Spirit. The ESA session is conducted by an ECK Spiritual Aide, a specially appointed and trained ECK cleric.

There are no fees for the above services, but ECK clerics accept donations to Eckankar. For more information, please contact Eilert Bolstad at 256-585-4459. He will coordinate with the nearest available ECK cleric qualified to provide the requested services.

Streaming ECK Soul Adventure Seminar

Until January 31, 2024

Filmed at the Minneapolis, Minnesota Convention Center

The Power of Grace: A Secret to Spiritual Living

“We live in a time of unequalled spiritual opportunity.

The daily struggles that life presents are opportunities to cultivate spiritual grace.

Graceful living is to realize everything that comes into your life is for the good.

It is having the grace to accept God's will as it appears.”

—Sri Harold Klemp,
the Mahanta, the Living ECK Master

Featured Speaker

A Soul Adventure touches you at the very core of your being. You are Soul—a unique, creative spark of God!

A Soul Adventure helps you explore new ways to unlock the diving knowledge and creativity already within the heart.

There is no charge for newcomers. Experience talks, round-tables, workshops, and creative arts. The highlight is the Saturday night talk by Sri Harold Klemp, the Spiritual Leader of ECKANKAR.

Visit www.eckankar.org and choose “2023 ECK Soul Adventure Seminar” from the top right of the page. You will enter your email address and name to go to the 2023 ECK Soul Adventure menu. If you are an Initiate there is a suggested donation.

Email and Mail Communications

If you are not receiving email communications from us and would like to receive event notices you may opt in to receive event notices at one of our Meetup groups (at left) or send an email request to SingHU247@aol.com You can also choose to receive the *Lightline* newsletter as email only to save printing costs, or receive paper and email. Donations to support the newsletter are always happily accepted!

You may also download current and previous issues of the *Lightline* newsletter from our web site at www.eck-alabama.org.



For more information about ECKANKAR activities:

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Phone: 256-479-6409

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Lightline

Serving the state of Alabama.

January / February / March 2024.

Published by the Alabama Satsang Society, Inc.,

A Chartered Affiliate of ECKANKAR.

ECKANKAR—The Path of Spiritual Freedom.